

Levulan® for Acne, Precancerous Lesions and Sun Damage

Will I feel any discomfort during the treatment with the Levulan® PDT system?

Probably. Although the Levulan® PDT system has been designed for less patient discomfort, many patients do report some stinging and burning, swelling and temporary reddening. At least 50% of patients experienced significant stinging and burning during the light treatment, usually plateauing in intensity at about 6 minutes.

Almost all patients experienced swelling and temporary reddening immediately following light treatment. This will begin to subside soon after treatment and will be gone in a few weeks. The discomfort usually occurs immediately following treatment, rather than in the weeks following. In fact, some patients have reported that swelling is reduced even sooner.

How did patients feel about the Levulan® PDT system after treatment?

In clinical studies, 84% of patients who received treatment with the Levulan® PDT system said that they would use it again.

What happens if I feel tingling during the 14 to 18 hours between the time Levulan has been applied and the time I am treated with the light source?

This means that the treated lesions are reacting to light. Avoid exposure to bright light both indoors and outdoors. If tingling feeling continues, inform your doctor.

If I wear sunscreen, will that be sufficient to avoid exposure to light?

No. After the application of the Levulan® you must stay out of strong, direct light, stay indoors as much as possible, when outdoors, wear protective clothing and wide-brimmed hats to avoid sunlight, avoid beaches, snow, or surfaces where strong light may be reflected.

After the Levulan® has been applied, is there anything else I should do?

Be careful not to wash the Levulan® off your face or scalp and rub or touch the treated area excessively before treatment with the light.

After the treatment has been completed, what should I discuss with my doctor?

Be sure to ask your doctor about the care, cleaning, and maintenance of the treated areas, any follow-up visits he or she recommends, ways that you can prevent sun damage in the future, and the use of moisturizing creams or lotions that might be appropriate after treatment with the Levulan® PDT system. If you have any questions at all about the Levulan® PDT system or your treatment with it, be sure to call your doctor or his or her nursing staff.